

# A COMPARISON OF STREAM BANK EROSION PROCESSES ON FORESTED AND MOORLAND STREAMS IN THE BALQUHIDDER CATCHMENTS, CENTRAL SCOTLAND

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## ABSTRACT

Stream bank erosion rates measured over a two-year period on a moorland and a forested stream in the Institute of Hydrology's Balquhiddier Paired Catchments in central Scotland were compared. Bank erosion rates are generally higher on the mainstream of the moorland catchment and highest in winter on both streams. Bank erosion is correlated with the incidence of frost: minimum temperatures measured on stream banks of the forested stream were an average of 3.7°C higher than on stream banks both outside the forest and on the moorland stream. This makes the incidence of frost on forested stream banks half as frequent. Volumes of material eroded from the mainstreams were combined with bulk density measurements and it is estimated that erosion of the mainstream banks is contributing 1.5 and 7.3 per cent of the sediment yield of the forested and moorland catchments, respectively. Analysis of the vertical distribution of erosion on the banks of both streams suggests an undercutting mechanism which is more pronounced in the moorland stream. The influence of trees on bank erosion and possible implications for the management of forest streams are discussed. © 1997 by John Wiley & Sons, Ltd.

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## INTRODUCTION

Land use change by afforestation has been the largest single type of such change in modern Britain, and reached a peak rate of 40000 ha  $\text{ya}^{-1}$  in the early 1970s (Robinson and Blyth, 1982). Until contradictory evidence began to emerge in the 1950s (Law, 1956) it was presumed that forestry was complementary to water supply interests, providing protection against pollution and soil erosion (Cuthbertson, 1948). Law's (1956) findings demonstrated, in financial terms, the 'cost' of forestry to water supply interests. Further adverse impacts of afforestation on water resources began to be demonstrated in the 1970s and 1980s when investigations reported increased suspended sediment concentrations (Austin and Brown, 1982; Burt *et al.*, 1984; Painter *et al.*, 1974; Stretton, 1984), increased bed load transport (Newson, 1980a) and higher rates of channel bank erosion (Murgatroyd and Ternan, 1983). Moffat (1988) and Soutar (1989) have reviewed the effects of British forestry on soil erosion, and Table I summarizes the main British studies which have investigated the effects of afforestation on sediment yields.

The factors controlling stream bank erosion have attracted attention from geomorphologists, hydrologists and river engineers for several decades. In some landscapes, bank erosion may be an important, if not the dominant process in terms of its contribution to river sediment loads. Investigations in southwest Scotland, for example, revealed that 93 per cent of the total sediment removed from the Water of Deugh, a mountain grassland drainage basin, resulted from erosion of river bluffs (Kirkby, 1967). Though upland streams have received a great deal of attention from fluvial geomorphologists in the past two decades (Carling and Reader, 1982; Ferguson and Stott, 1987; Stott *et al.*, 1986; Werritty, 1984), direct measurements of stream bank erosion

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Table I. British studies of the effects of afforestation on sediment yields

Catchment	Report	Area (km2)	Land use	Years of data	Yield (t km <sup>-2</sup> a <sup>-1</sup> )	
					Suspended sediment	Bedload
Southern Uplands						
Coalburn	Robinson and Blyth (1982)	3.1	moorland ploughing planted	1.5 0.25 4	3 25 13	NA NA NA
Yorkshire						
Hades Clough	Burt <i>et al</i> (1984)	0.2	moorland ditched	0.5 1.5	not quoted but greatly increased	
Plynlimon, mid-Wales						
Cyff	Moore and Newson	3.1	pasture	12	6.1	6.4
Tanllwyth	(1986)	0.98	mature forest	12	11.8	38.4
Lake Vyrnwy, mid-Wales						
Marchnant	Newson (1980a)		mature forest + 10 yrs of harvesting		NA	113
Balquhider, central Scotland						
Monachyle	Stott <i>et al.</i> (1986)	7.7	moorland	4	43.8	0.3
and	Johnson (1988,	6.85	ploughing	4	137.1	0.4
Kirkton	1993)		mature forest	8	48.2	2.2
			felling	8	409.2	2.5
Plynlimon, mid-Wales						
Hafren	Leeks and Roberts (1987)	3.67	mature forest		35.2	NA
Llanbrynmair Moors, mid-Wales						
Ceunant Ddu	Francis and Taylor	0.34	unforested	0.75	3.7	NA
(Catchment A)	(1989)	0.14	ploughed	1	9.0	NA
Nant Ysguthan	Francis and Taylor		unforested	0.75	1.1	NA
(Catchment B)	(1989)		ploughed		3.1	NA
Loch Ard, central Scotland						
(Catchment 10)	Ferguson <i>et al</i> (1991)	0.84	mature forest	1	55.2	NA
			clearfelling	2	89.6	NA
			post-clearfelling	0.25	98.4	NA
Plynlimon, mid-Wales						
Hore	Leeks (1992)	3.08	mature forest	2	24.4	11.8
			felling	1	57.1	(×5)

NA=data not available, i.e. not measured or reported.

in upland streams have been relatively uncommon (Blacknell, 1981). This study is a contribution to our understanding of stream bank erosion processes in upland streams which have been subject to land use change by forestry.

This study aims to (i) compare stream bank erosion rates of a typical mountain moorland stream with a similar afforested stream, (ii) to investigate the temporal and spatial variations in stream bank erosion rates, and (iii) to assess the importance of stream flow and frost in controlling erosion rates.

## STUDY AREA

The streams selected for this study are in the upper Monachyle and Kirkton Glens in the Southern Highlands of Scotland and form part of the Balquhider Catchments Experiment (Figure 1). This 10 year experiment, funded by a consortium of interested organizations, was instrumented and intensively monitored during the 1980s by the Institute of Hydrology (IH). The study formed an extension of previous water balance studies, such as the

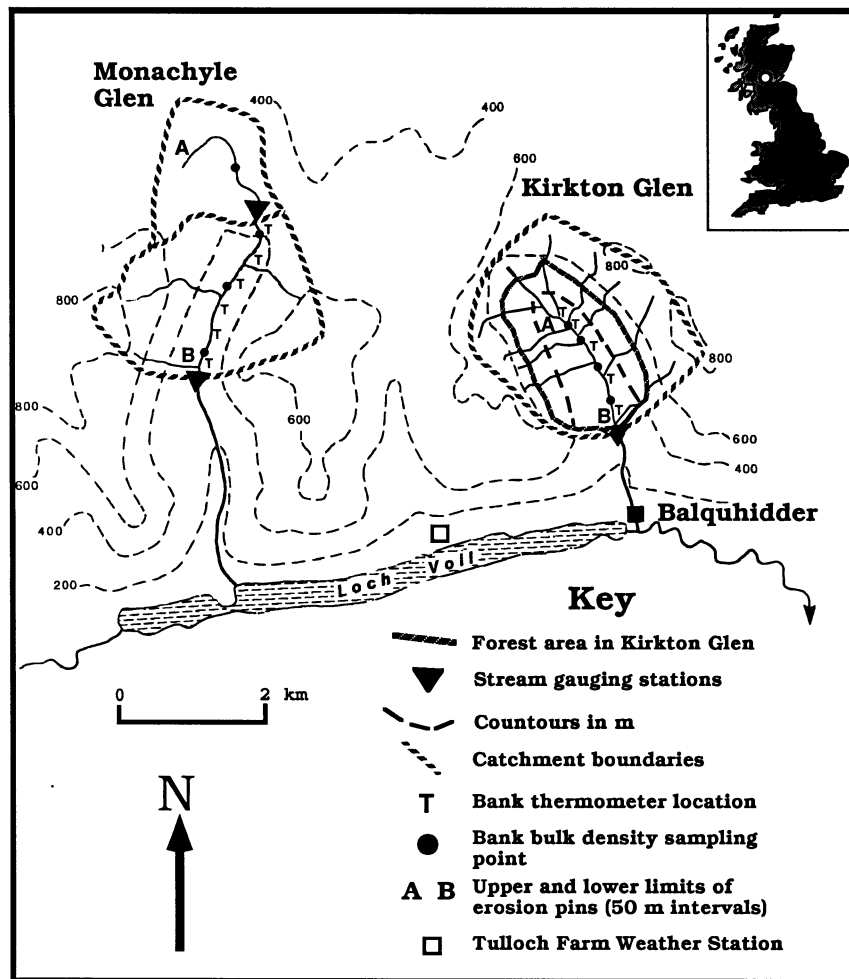


Figure 1. Location map showing the Balquhider catchments, central Scotland

Plynlimon Catchments Experiment (mid-Wales), into the Scottish Highlands where both climate (see Johnson, 1985), vegetation and topography differed greatly from previous studies. The hydrological results of the long-term experiment are reported in a special issue of the *Journal of Hydrology* Vol. 145, 1993, while Stott *et al.* (1986) and Johnson (1988, 1993) have reported on the sedimentological investigations which are summarized in Table I. The characteristics of the catchments are given in Table II.

Mean annual precipitation totals (1983–1989) are 2798 mm in Monachyle and 2372 mm in Kirkton. Winter precipitation contains significant amounts of snow and there are, on average, 185 days each year when some snow is lying on the hills. At a low altitude weather station (Tulloch Farm, 135 m above ordnance datum) the average number of days with ground frosts is 141 (Johnson, 1985). Both streams flow approximately north–south in steep sided, previously glaciated valleys with similar catchment areas, height ranges and topography. Mean slope angles estimated from 1:10000 topographic maps are  $22^\circ$ , though rock outcrops are common and there are vertical cliffs on parts of the valley sides. In both catchments, shallow peats, peaty gleys and upland brown earths overlie Dalradian mica schists. Both streams flow through areas of peat and glacial till and samples of bank material analysed for their grain size distribution showed that material was predominantly fine grained with 72 and 93 per cent finer than 2 mm in the forest and moorland streams, respectively. Although there are local variations in stream bank material, no attempt was made to quantify or compare any differences. The two streams flow in similar highland glens with similar relief, soils and climate but with different land uses

Table II. Balquhiddy catchment characteristics

Catchment name	Monachyle	Kirkton
Area (km <sup>2</sup> )	7.70	6.85
Forest cover (%)	0	40
Relief (m)	594	552
Average altitude (m)	607	576
Stream flow characteristics (1983–1985)	15.73	11.33
Peak discharge (m <sup>3</sup> s <sup>-1</sup> )	0.51	0.40
Mean discharge (m <sup>3</sup> s <sup>-1</sup> )		
Length of mainstream		
channel studied (km)	5.0	2.2
per cent of mainstream afforested	0	100

(plantation forestry and moorland) and so it was felt that a comparison of erosion rates on the two streams over the same time period would be fair comparison.

In Monachyle Glen, upland grasses (*Molinia caerulea*, *Agrostis setacea*) dominate the riparian vegetation but these give way to bracken (*Pteridium aquilinum*) and then heather (*Calluna vulgaris*) as altitude increases. The lower part of Kirkton Glen was afforested in the 1930s and the section of the Kirkton stream studied was lined with mature Sitka spruce (*Picea sitchensis*) planted next to and overhanging the stream along most of its course.

### MEASUREMENT METHODS

Studies elsewhere have shown that channel banks can be a significant source of sediment in a catchment system (Coldwell, 1957; Dietrich and Dunne, 1978), and numerous previous studies have employed erosion pins to measure both slope erosion (Haigh, 1977) and channel bank erosion (Cummins and Potter, 1972; Harvey, 1974; Hill, 1973; Hooke, 1979, 1980; Knighton, 1973; Leopold *et al.*, 1966; Lawler, 1984, 1986; Lewin and Brindle, 1977; McGreal and Gardiner, 1977; Murgatroyd and Ternanm 1983; Wolman, 1959). Lawler (1978, 1993a) has reviewed the use of erosion pins and other methods of measuring river bank erosion and made some cautionary comments on the use of erosion pins. Recent developments in river bank erosion monitoring using a photoelectric erosion pin (Lawler, 1991) vastly increase the temporal resolution of measurements. Nevertheless, the principle of the erosion pin is still employed and is a well tried and tested technique.

In this study, 5 mm diameter galvanized fencing wire was used to make erosion pins. The wire was cut into 0.3–0.4 m lengths, pointed at one end and bent through 90° at the other. This helped to make the installation easier (the pins could be pushed into the bank using the palm of the hand) and subsequent measurements taken 1–2 cm away from the pin (Figure 2a) since Lawler (1978) noted increased scour in the immediate vicinity of erosion pins and the formation of ‘pin craters’ (Lawler, 1993). Each pin was then pushed into the stream bank perpendicular to the eroding surface until between 20 and 50 mm was protruding. The amount of protrusion was then measured (see Figure 2) with a ruler and subsequent recession of the bank at that point was calculated from later measurements of the length of exposed pin. Large numbers of pins were installed over considerable lengths of stream bank in order to take account of the spatial variability of erosion rather than to gain a more detailed insight into temporal variations as studied elsewhere (Hooke, 1979; Lawler, 1986, 1991). A systematic sampling design was chosen in an attempt to obtain adequate spatial representation of erosion along a 5.5 km section of the Monachyle Glen (moorland) mainstream and 2.2 km section of the Kirkton Glen (forested) mainstream. Pins were installed in banks in vertical lines from low water level to the top of the bank with a 0.1 m spacing. Thus, variable numbers of pins were used at each site depending on the height of the bank. A yellow painted and numbered wooden peg was placed on the bank approximately 1 m from the top of the line of pins as a marker (see Figure 2b). Verticals of pins were installed at approximately 50 m intervals on whichever bank showed most evidence of erosion. The Monachyle mainstream extends for 5.5 km from the IH gauging station

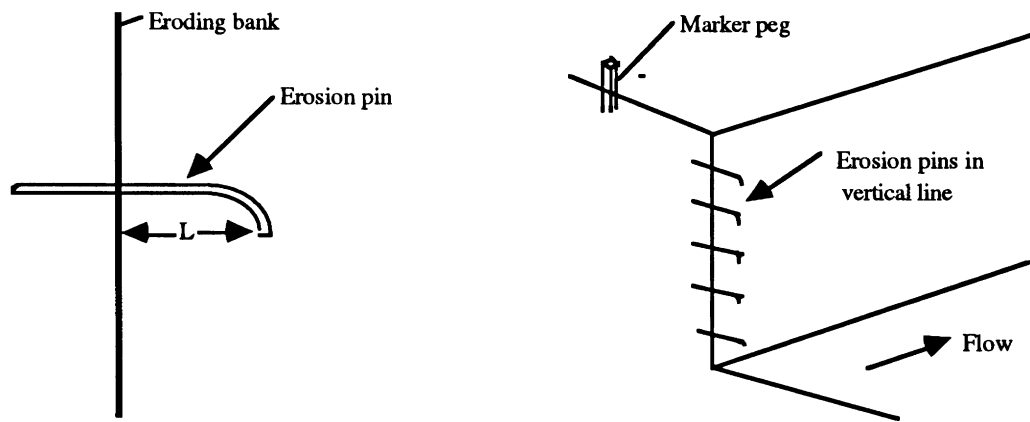


Figure 2. Installation of erosion pins in stream banks at Balquhiddy: (a) the curved erosion pin perpendicular to the eroding bank surface, L is the length of pin protruding; (b) the vertical line of pins and marker peg at each site. Sites are spaced approximately 50 m apart

(Figure 1). After 4 km, IH have installed a second Crump weir, the upper Monachyle weir, and the upper part of the catchment above this becomes a flatter peaty plateau (see Figure 1). Erosion pins were installed in verticals at a total of 62 sites (13 in the upper catchment). This made a total of 304 pins. The Kirkton mainstream extended for only 2.2 km above the IH gauging station. Pins were therefore only installed at 29 sites on the Kirkton stream (a total of 126 pins). Protrusion of pins was measured at the time of installation (September 1984) and at three-monthly intervals for two years (nine surveys in all giving *c.* 3800 individual pin measurements during the study period). Where significant amounts of erosion had occurred, pins were reset after measurement (i.e. pushed back into the bank).

At the outset of the project (autumn 1984), 11 maximum/minimum mercury thermometers were fixed onto stream banks (by hanging them from an erosion pin) to record near-bank surface maximum and minimum temperatures. Five of these thermometers were installed on banks of the forested stream and six were positioned on banks of the moorland stream (see Figure 1). Minimum temperatures were recorded on all thermometers on 13 occasions between October 1984 and March 1985.

Eight bank material samples were taken, four from the banks of each stream. The sample locations are indicated on Figure 1. Samples were collected by pushing a copper cylinder (40 mm diameter  $\times$  100 mm long) into the bank to sample a known volume of bank material. Samples were then bagged and later dried and weighed. Bank material bulk density was calculated and these calculations of average density were later used to estimate the total sediment input to the catchment system from bank erosion.

Both streams had rectangular Crump weir gauging structures installed in 1981 and monitored by IH. The locations of the weirs and the catchment boundaries are shown on Figure 1. Stream flow recorded at 15 min intervals was used for the analysis reported later in this study.

## RESULTS

### *Rates of erosion*

Table III compares the results for Monachyle and Kirkton mainstreams. Mean bank erosion rates were significantly higher in Monachyle (moorland). The difference between the means is significant at the 0.05 level (using the *t* test). Figure 3 compares the erosion rates for the two streams over the two year period and shows the generally higher average erosion rate in the moorland stream, the higher erosion rate on both streams in the

Table III. Stream bank erosion rates on Monachyle and Kirkton mainstems

	Monachyle (moorland)	Kirkton (forested)
Mean annual bank erosion rate (mm a <sup>-1</sup> )	59	47
Maximum erosion in any 3 month period (mm)	35	29
Minimum erosion in any 3 month period (mm)	3	2

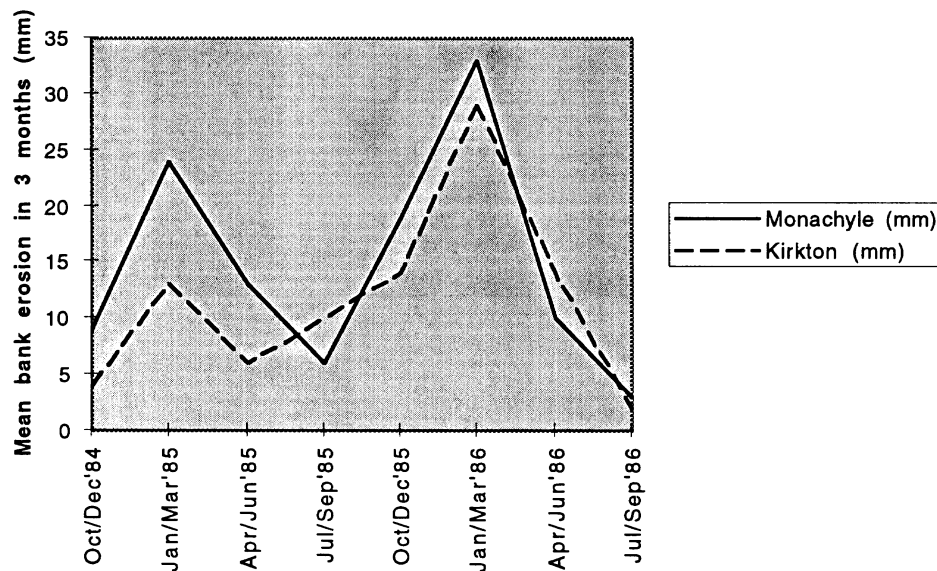


Figure 3. Mean rates of bank erosion for three-monthly periods from October 1984 to September 1986

second year and the strong seasonality in bank erosion rates, with maximum erosion occurring in the January–March period on both streams in both years and the minimum rates occurring in the July–September period.

Figure 4 shows the average seasonal percentages of stream bank erosion for both streams. Almost half of the bank erosion occurs in the winter (January–March) period with least (less than 12 per cent) occurring in the summer (July–September). The proportion of bank erosion in spring (April–June) and autumn (October–December) is similar, with 20–25 per cent of the annual erosion occurring in each period.

#### *Influence of frost and stream flow*

To investigate the relative importance of frost and stream flow on bank erosion processes and to attempt to explain the observed variations in erosion rates over the study period, the mean daily erosion rate over the three-monthly periods (ERRATE) was correlated with various frost and stream flow indices. These were: FROST, which is simply the number of days on which the grass minimum temperature at the nearby Tulloch Farm

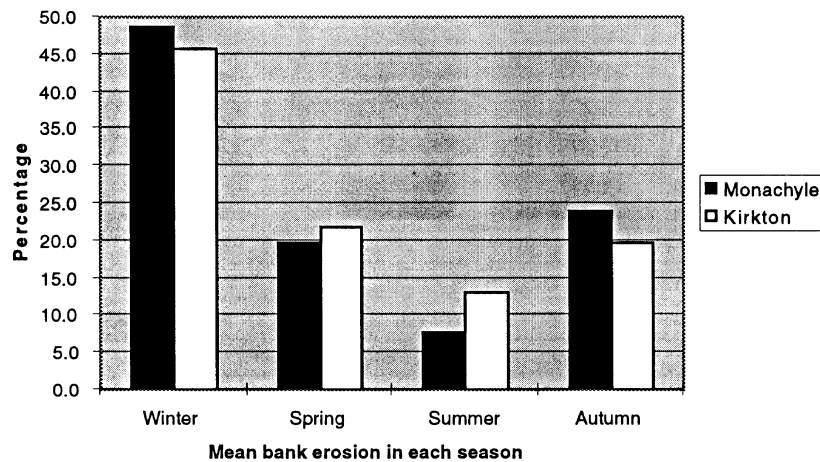


Figure 4. Average seasonal percentages of stream bank erosion in Monachyle and Kirkton

Weather Station (see Figure 1) fell below  $0^{\circ}\text{C}$ , FROST  $<-1$ , FROST  $<-3$  and FROST  $<-5$  are the number of days on which grass minimum temperatures of below  $-1$ ,  $-3$  and  $-5^{\circ}\text{C}$  respectively were recorded. Stream flow indices used were: QMEAN, the mean stream discharge during the period, and QMAX, the maximum instantaneous discharge recorded during the period. In addition to these two stream flow indices, further indices were calculated from the time over which various flow thresholds were exceeded. On both streams  $T > \text{QMEAN}$  was the time in hours when the stream discharge exceeded the mean annual discharge,  $T > 2$  and  $T > 4$  (for Kirkton stream) and  $T > 4$  and  $T > 8$  (for Monachyle) are times in hours when stream flow exceeded discharge thresholds of 2, 4 and  $8\text{ m}^3\text{ s}^{-1}$ . These stream flow indices were estimated from the IH records. Table IV presents the Pearson product moment correlation coefficients for ERRATE with the various indices mentioned above. The asterisks in the table indicate the level at which the coefficients are significant and it is

Table IV. Pearson product moment correlation coefficients for mean daily bank erosion rate (ERRATE in mm) over eight three-monthly periods with various frost and stream flow indices for Monachyle and Kirkton mainstems (1984–1986)

Index	Monachyle ERRATE	Kirkton ERRATE
FROST	0.785*	0.504
FROST $<-1$	0.761*	0.499
FROST $<-3$	0.801**	0.602
FROST $<-5$	0.760*	0.591
QMEAN	0.166	0.140
QMAX	0.033	0.363
$T > \text{QMEAN}$	0.029	-0.094
$T > 2$	+	0.090
$T > 4$	0.099	0.329
$T > 8$	0.341	—

—, no flows exceeded this threshold; +, not estimated

Coefficients greater than 0.666 are significant at the 5 per cent level (indicated by \*), coefficients greater than 0.798 are significant at the 1 per cent level (indicated by \*\*)

QMEAN, QMAX and all flow thresholds are in  $\text{m}^3\text{ s}^{-1}$

Table V. Summary of stream bank temperatures recorded at 11 sites in the Balquhiddy catchments

	Monachyle		Kirkton	
	Minimum	Maximum	Minimum	Maximum
Mean (°C)	-5.5	6.4	-1.8	5.6
<i>n</i>	28	28	28	28
Lowest (°C)	-14	-1	-10	0
Highest (°C)	4	12	0	2
Range (°C)	26		12	

Table VI. Mean bank erosion rates at different heights on stream banks for two three-monthly periods on Monachyle and Kirkton mainstreams

	Height from top of bank (m)	Mean erosion			
		Oct.–Dec. 1984		Dec.–Mar. 1985	
		(mm)	<i>n</i>	(mm)	<i>n</i>
Monachyle	0.1	4.1	55	6.0	34
	0.2	11.3	65	17.3	38
	0.3	11.5	61	36.1	35
	0.4	14.8	49	43.5	31
	0.5	11.0	28	46.5	22
	0.6	16.1	16	27.5	8
	0.7	3.2	9	5.0	2
Kirkton	0.1	4.3	13	4.8	15
	0.2	4.8	18	7.1	13
	0.3	6.2	16	20.2	13
	0.4	5.1	14	17.6	10
	0.5	5.6	8	30.4	8
	0.6	5.5	4	18.0	4

clear that the frost indices correlate better with erosion rate than any of the stream flow indices. All the frost indices in the Monachyle stream have coefficients significant at the 5 per cent level, with the FROST < -3 having marginally the best correlation which is significant at the 1 per cent level.

The records of minimum temperatures on the stream banks during the 1984/85 winter period (20 October 1984 to 21 March 1985) are summarized in Table V. Minimum temperatures recorded on stream banks during winter 1984–85 were on average 3.7°C higher under the forest canopy in Kirkton compared with the open moorland in Monachyle. Stream bank temperature ranges are also much greater for this period in Monachyle (26°C) compared to Kirkton (12°C). Frost data for the whole study period are presented in Figure 5. Forty-nine per cent of all frosts exceed the FROST < -3 threshold.

#### *Spatial distribution of bank erosion*

Since erosion pins were installed on banks in vertical lines with a 0.1 m spacing, it was possible to analyse vertical differences in erosion rate on the banks. Figure 6 shows the average amount of erosion at each height (0.1 m intervals) above low water level on Monachyle and Kirkton streams for two representative three-month periods (September–December 1984 and January–March 1985). The number of erosion pin measurements averaged to produce each point on the graph is given in Table VI. Average erosion rate is highest in the region 0.1 m above low water level in the forest stream and 0.3 m above low water level in the moorland stream, where the erosion rate may be up to six times greater than at the bank top. Analysis of the vertical distribution of erosion on the banks of both streams indicates that the dominant erosion mechanism is undercutting, with the process being more pronounced in the moorland stream. This is followed by slumping and collapse of large blocks by cantilever failure (toppling) of smaller ones (see Figure 7, right). Collapsed blocks, where 0.5–1.0 m of land had been lost, were evident on meander bends eroding the peat further down the Monachyle stream,



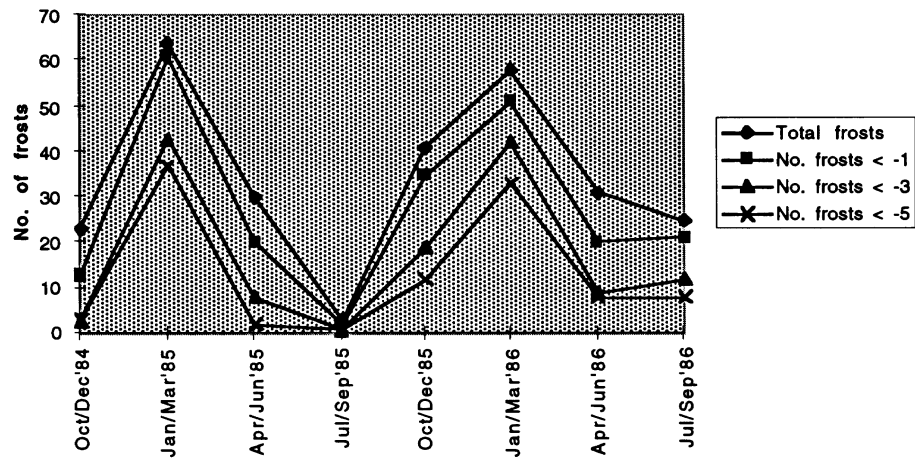


Figure 5. Sub-zero grass minimum temperature data (ground frosts) from the IH Tulloch Farm weather station for the study period

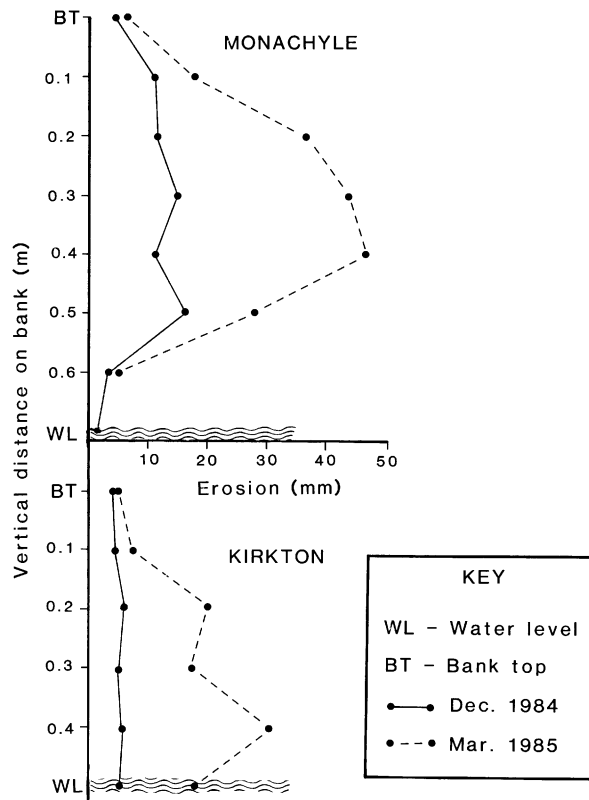


Figure 6. Vertical profiles of mean bank erosion for three-monthly survey periods for Monachyle and Kirkton mainstems. The horizontal scale is exaggerated. The number of erosion pin measurements averaged to give these plots is presented in Table VI



Figure 7. Photograph of Monachyle stream showing the undercut nature of the stream banks, with examples of cantilever failure on the right

though these were too large to topple and had entered the channel by sliding. Failed blocks sometimes remain in the channel and temporarily protect the bank from further erosion. This mechanism of undermining, cantilever failure and fluvial scour of the toe, as identified by Thorne and Tovey (1981) and Thorne (1982), seems to operate over several flood events and has important implications for channel changes, land loss and the movement of sediment through the catchment system (Ashbridge, 1995; Darby and Thorne, 1994). Indeed, improved understanding of this mechanism may help to explain temporal and spatial patterns in sediment loads and thus improve prediction of changes in sediment yield connected with land use and climatic change.

#### *Contribution of channel bank erosion to the sediment budget*

To estimate the contribution of sediment to the catchment sediment budget and thus to assess the importance of bank erosion as a source of sediment, it was necessary to extrapolate the average measured forest and moorland bank erosion rates of 47 and 59 mm a<sup>-1</sup>, respectively, to the estimated areas of actively eroding bank. The area of actively eroding bank was assessed during the course of the final erosion pin survey in September 1986 by measuring the height of actively eroding bank every 5 m (on right and left banks) along the total length of channel sampled by the erosion pins (5 km in Monachyle and 2.2 km in Kirkton). The actively eroding area of bank was then the product of mean bank height and total bank length, which was calculated to be 240 m<sup>2</sup> on the forest stream and 350 m<sup>2</sup> on the moorland stream. These estimates are equivalent to 10 m<sup>2</sup> per 100 m of channel for Kirkton and 6 m<sup>2</sup> per 100 m of channel for Monachyle. The difference may be due to the suppression of vegetation growth beneath the trees in Kirkton, which may go some way to explaining the higher suspended sediment yields from forested catchments as reported in Table I. The relatively low estimates are due to the fact that for much of their course the streams flow on rock beds with little or no evidence of bank erosion.

The product of the average erosion rates and the estimated area undergoing erosion produced volumes of sediment equivalent to 11.3 and 20.7 m<sup>3</sup> for the forest and moorland streams respectively. The average bulk densities of four samples taken at mid-height from the channel banks of each stream (see Figure 1 for locations) were estimated to be 1.16 t m<sup>-3</sup> for Kirkton and 1.04 t m<sup>-3</sup> for Monachyle, which gave total sediment input estimates of 13.1 and 21.5 t a<sup>-1</sup> for the forest and moorland streams, respectively. When averaged over the whole catchment area for the purpose of constructing sediment budgets (Stott *et al.*, 1986), this corresponds to sediment yields of 1.9 and 2.8 t km<sup>-2</sup> a<sup>-1</sup> for Kirkton and Monachyle, respectively. These figures represent 1.5 and 7.3 per cent of the total catchment sediment yield as estimated using the corrected rating curve method (see Stott *et al.* (1986) and Johnson (1988) and also by an independent group averaging method (Johnson, 1993).

## DISCUSSION

*Bank erosion rates compared to other U.K. studies*

The average rates of bank erosion,  $47 \text{ mm a}^{-1}$  in Kirkton (forested) and  $59 \text{ mm a}^{-1}$  in Monachyle (moorland), are broadly comparable with average rates measured by other workers using erosion pins on broadly similar-sized catchments. These and numerous other studies have recently been reviewed by Lawler (1993a) in his table V. For comparative purposes, bank erosion rates from other British studies are given in Table VII. The results of this study are reported first, otherwise they are in order of increasing catchment area. Erosion rates generally increase with stream catchment area, but comparisons with the findings of other U.K. studies included in Table VII are, however, fraught with problems. Although all studies in Table VII used erosion pins, different bank erosion rates measured could be due to a range of factors which may include: differences in bank material (grain size, organic content), climate (precipitation, frosts and freeze–thaw cycles) and topography (altitude, relief, stream gradient); stream hydraulic conditions (meanders, sinuosity); and methods and approach of the observers (e.g. sampling design, erosion pin measurement error). For example, few other studies have adopted a systematic sampling system as used at Balquhiddy. Instead, many of the rates reported in the literature are average *maximum* rates, where measurements of processes have been made on the most rapidly eroding sections rather than systematic sampling of all banks as in this study.

The estimated contributions of the channel bank erosion sediment source to the total catchment sediment yields of 1.5 and 7.3 per cent for forest and moorland streams, respectively. In constructing sediment budgets for the catchments, Stott *et al.* (1986) found good agreement between the sediment contribution from tributaries and the total catchment output of sediment. No measurements of bank erosion on tributary streams were undertaken and so it is not possible to comment on what proportion of the total tributary sediment yield comes from tributary bank erosion. Other possible sources of sediment were landslides (in the moorland catchment only), wash load and sediment transported by overland flow, forest ditches and roads (in the forested catchment only) and in-channel abrasion and attrition in both streams

*Influence of frost and precipitation*

Figure 3 shows the strong seasonality which has been noted in other studies (Lawler, 1986), with maximum bank erosion in the January–March period on both streams in both years. Frost action has been suggested as an important process responsible for bank erosion in previous studies (Wolman, 1959), and more recently Lawler (1986) conducted detailed regression analyses which statistically demonstrated the dominance of frost-related

Table VII. British studies of bank erosion rates

Reference	Location	Catchment area ( $\text{km}^2$ )	Erosion rate ( $\text{mm a}^{-1}$ )
This study	Kirkton (forest)	6.85	47
	Monachyle (moorland)	7.7	59
Lewin <i>et al.</i> (1974)	Maesnant, mid-Wales	0.54	30
Hill (1973)	Clady and Crawfordsburn, N. Ireland	3.4	30–66
Murgatroyd and Ternan (1983)	Narrator Brook	4.75	5.2 in forest 0.7 outside forest
Lawler (1984, 1986)	R. Ilston, S. Wales	6.75 and 13.18	38–310
Cummins and Potter (1972)	Bradgate Brook, Leicestershire	<20	25
McGreal and Gardiner (1977)	R. Lagan, N. Ireland	85	80–140
Hooke (1979)	Various rivers, Devon	9.6–620	80–1180
Knighton (1973)	R. Bollin-Dean, Cheshire	~260	230
Thorne and Lewin (1979)	Upper Severn, mid-Wales	375	300–600

variables over other factors on the River Ilston in south Wales. These findings are fully supported in this study, where the steep-sided valleys and altitude increase the incidence of frost (120 days in the first year of the study and 155 days in the second year) and the freeze–thaw frequency (Harrison and Harrison, 1988). The intensity of frosts is shown to be important since the number of days with ground frosts colder than  $-3^{\circ}\text{C}$  (FROST  $<-3$ ) correlates best with bank erosion in the Monachyle stream (significant at the 0.01 level). This is presumably because more intense frost is needed to freeze moisture in the forested stream banks and initiate needle ice development. This form of segregated ice, observed after hard frosts on the banks in the study area, grows externally to the bank surface as a collection of ice filaments which grow at right angles to the bank surface. Although observed on the banks studied, no direct measurements of size, frequency or amount of sediment mobilized was undertaken. Controls of needle ice growth, including the important role of an unfrozen moisture supply, are reviewed by Outcalt (1971) and Meentemeyer and Zippin (1981), while Lawler (1993b) has investigated its importance in mobilizing bank sediment. As growth of the needles occurs, sediment may be forced away from the bank, both on the surface and within growing needles. Lawler (1986) found weights of extruded material on the River Ilston to be more than  $4\text{ kg m}^{-2}$  for needles 50 mm long. On melting of the needles, some of this material may fall to the foot of the bank while the remainder is left as a loosely bound layer on the surface, easily washed away by the next rise in stage.

The incidence of freezing of material in the banks of the forested Kirkton stream is approximately only half of that in the moorland stream, which may go some way towards explaining both the higher average erosion rates in the moorland stream and the fact that the highest erosion rates occur in the January–March (winter) periods in both years.

Analyses of suspended sediment dynamics in rivers have often revealed hysteresis effects, with higher concentrations of sediment on the rising limbs of flood hydrographs (Bogen, 1980; Walling, 1974) and seasonal effects where concentrations following frosts in winter are highest (Stott *et al.*, 1986). These observations may be linked to the supply of fine sediment from channel banks as described in this study and elsewhere (Lawler, 1986).

The annual precipitation total given in Table VIII and illustrated in Figure 8 provide some insight into the representativeness of the study years (October 1984–September 1986) compared with the seven-year period of the Balquhider Experiment.

The bank erosion study began in October 1984. The first complete year studied was 1985, for which the annual precipitation totals were 93.4 and 96.3 per cent of the 1983–1989 mean for Monachyle and Kirkton, respectively. The second year of the study, 1986, had significantly higher precipitation totals, which were 117 per cent of the 1983–1989 mean in both catchments. The lower than average 1985 precipitation total and the higher than average 1986 precipitation total combined with the greater number of frost days in 1986 (155

Table VIII. Balquhider annual precipitation (1983–1989)

Year	Monachyle		Kirkton	
	Mean annual precipitation (mm)	Mean annual precipitation as percentage of 1983–1989 mean	Mean annual precipitation (mm)	Mean annual precipitation as percentage of 1983–1989 mean
1983	2857	102.1	2401	101.2
1984	2648	94.6	2215	93.4
1985*	2612	93.4	2285	96.3
1986*	3280	117.2	2789	117.6
1987	2255	80.6	1899	80.1
1988	2952	105.5	2493	105.1
1989	2985	106.7	2519	106.2
1983–1989 Mean	2798	100.0	2372	100.0

\* Study years (Oct. 1984–Sep. 1986)

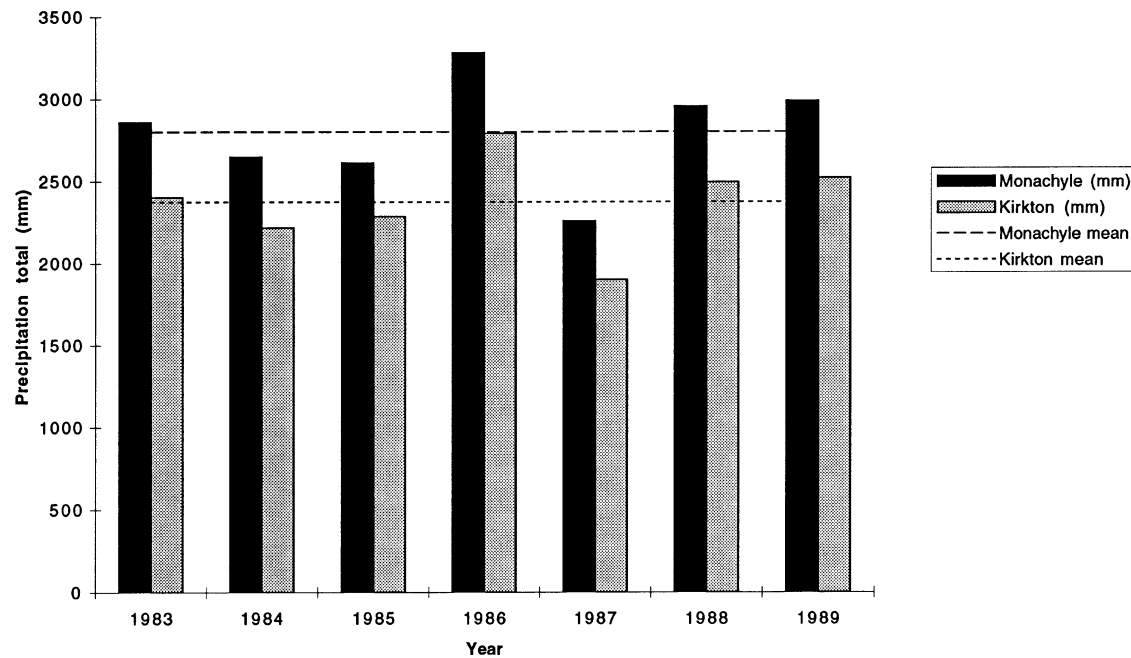


Figure 8. Annual precipitation totals for Balquhiddy catchments (1983–1989)

compared to 120 in 1985) may help to explain the higher erosion rates on both streams in the second year of the study (see Figure 3).

#### *The influence of trees on bank erosion*

The lower bank erosion rates observed on the forested Kirkton stream may be explained in a number of ways. One obvious difference is the lower mean and peak discharges in the forested stream compared to the moorland stream. Although the Kirkton catchment is 11 per cent smaller in area, the peak discharge (Table II) is 30 per cent lower. Several previous investigations (Law, 1956; Newson, 1979; Blackie and Newson, 1986) have shown that plantation forests can intercept a significant proportion of precipitation. Indeed, Johnson (1990) estimated the average interception loss from the 50 year old Sitka spruce forest in Kirkton Glen, Balquhiddy, to be 28 per cent (reaching 79 per cent in summer months and 0 per cent in winter). Flood magnitude has been recognized as a most effective control on channel form and erosion (Newson, 1980b). The reduced quantity of water reaching stream channels and the correspondingly lower flood magnitudes measured in streams in forested areas may, to some extent, help to explain the lower stream bank erosion rates observed on the Kirkton stream. Lawler (1986) suggested that fluvial or hydrological factors may determine the *area* of bank eroded and the *amount* or *intensity* of erosion may be largely determined by previous cryogenic activity.

Trees can reduce erosion through mechanical strengthening and binding of the banks by roots (Graham, 1973). Smith (1976), working on anastomosing channels in Banff Park, Alberta, has demonstrated that silt banks with 16–18 per cent root content by volume are 600 times more resistant to erosion than comparable stream bank sediments with no root content. Where banks had a similar root content plus a 50mm root-mat, banks were 20000 times more resistant to erosion. Charlton *et al.* (1978) recorded that channels were 30 per cent narrower than average along reaches lined with trees and bushes, and grass-banked channels were 30 per cent larger. Similarly, Stott (1984) found that tree-lined sections of channel on the rivers Rheidol, Ystwyth and Severn in mid-Wales were an average of 17 per cent narrower than channels not lined with trees. Thorne and Lewin (1979) have also noted the reinforcing effect of meadow grass roots on river bank cantilevers on the River Severn. Keller and Swanson (1979) reported on the effect of live or dead trees anchored by root-wads into the stream bank in retarding bank erosion. A channel bank planted with trees may have a different moisture regime to banks with moorland or farmland adjacent, since trees intercept rainfall, utilize soil moisture which is

lost by transpiration, and shade the soil surface during sunny weather. Stream banks under trees are likely to undergo fewer wetting and drying cycles, which may be important in loosening material and 'preparing' banks for future erosion (Lawler, pers. comm.).

Minimum temperatures measured on stream banks in this study were an average of 3.7°C higher on the forested stream than on the moorland stream. This suggests that a frost 3.7°C colder would be needed to start to freeze moisture in the banks of the forested stream. On average, the forested stream banks at Balquhiddy are subjected to around half as many freezing cycles as the open moorland stream. Hurst (1966), working in the forest of Thetford Chase, found that minimum temperatures were higher under the forest than over bare soil in the open. Smith (1970) reported that the range of air temperature from mean monthly maximum to mean monthly minimum was less under forest cover than in the open. Soil temperatures at 0.1 m depth under forest cover, he noted, were higher in winter than those at the open site, and lower in summer. These observations, combined with the fact that there may be less moisture available for freezing in the forested stream banks, points to the likelihood of reduced effectiveness of cryergic activity in the forested stream banks.

There is, however, a need to distinguish between banks only vegetated by coniferous trees, as in this study (which shade out light and suppress undergrowth), and banks vegetated by deciduous trees with undergrowth. In contrast to the findings of this study, Murgatroyd and Ternan (1983), working on the Narrator Brook in Dartmoor, found that more active bank erosion was taking place in their forested reach and that the channel capacity was double that predicted from the basin area. This they attributed largely to the suppression by the forest of a thick grass turf and its associated dense network of fine roots. This was also observed to be the case at Balquhiddy. Zimmerman *et al.* (1967) working in small catchments in New England, U.S.A., observed that different reaches on the same stream varied in width depending on whether the banks were lined with trees or sod (a thick grass mat). They found that the mean width of stream reaches with forested banks was up to 10 times greater than that of reaches with sod banks.

Clearly, there are conflicting reports within the literature regarding the effects of trees on channel bank stability. Other factors, such as the bank material composition and strength (Thorne, 1981), local channel form and organic debris dams (Gregory and Davies, 1992; Gregory *et al.*, 1985; Mosley, 1981), the stream hydrological regime (Blackie and Newson, 1986), the role of groundwater and antecedent soil moisture, the incidence of frost and formation of needle ice (Lawler, 1987, 1993b) and the species of trees (conifers or deciduous) and type of understory vegetation, can all influence bank erosion rates. In recent years, river managers have tended to remove trees from banks for fear of them increasing channel roughness during times of flood and the possibility of them being added to the debris carried by a flooding river and jamming in bridges, weirs and other such structures downstream. In the uplands, such concerns are less justified. Studies presented in Table I point to the association which has developed over the last two decades between forestry and increased sediment yields. The Forestry Commission has changed its policies in the last decade (Forestry Commission, 1988) and amenity tree planting is now high on its agenda. It is now policy to leave an unplanted 'buffer zone' (a 15–30 m strip) alongside channels to act as a sediment trap for eroded material from upslope plough furrows (Mills, 1980). Unplanted buffer zones may result in a loss of the protective influence of trees on stream banks both in terms of reducing cryergic activity and mechanical strengthening by roots. Planting of buffer strips with broad-leaved trees, such as willow or alder, is in its early stages and more research into the effects of this kind of amenity planting on bank erosion on upland streams is needed. Further investigations are also needed to assess the role of such factors as bank moisture regime (e.g. wetting and drying frequency), temperature extremes (freezing frequency and needle ice formation) as well as the bank material strength and composition on stream bank erosion on upland streams affected by these land use changes.

## CONCLUSIONS

Bank erosion rates measured using erosion pins on two upland streams in the Balquhiddy catchments in central Scotland over a two year period were found to be significantly lower on an afforested stream than on a nearby unforested stream. Erosion rates were highest in the winter (January–March) in both study years. Erosion rate was correlated with a number of stream flow and frost indices and was found to correlate best with frosts (significant at the 1 per cent level). Minimum temperatures measured on stream banks of the forested stream

were an average of 3.7°C higher than minimum temperatures measured on stream banks both outside the forest and on the moorland stream. Frosts on forested stream banks are estimated to occur half as frequently as they do on the banks of the moorland stream and so the forest appears to be offering stream banks protection from frosts. Analysis of the vertical distribution of erosion on the banks of both streams points to the mechanism of undercutting (Thorne and Tovey, 1981), which is more pronounced in the moorland stream. This is followed by slumping and collapse of blocks which sometimes remain in place and protect the bank from further erosion. Mainstream channel bank erosion is estimated to be contributing 1.5 and 7.3 per cent of the sediment load of the forested and moorland streams, respectively. Although the balance of evidence from the literature seems to be in favour of trees on stream banks having a moderating effect on bank erosion, there are also notable exceptions and the evidence is far from conclusive. Other factors which must also be considered include type and composition of bank material, stream hydrological regime, the role of groundwater and antecedent moisture in the banks, the incidence of frost and subsequent formation of needle ice, the role of in-channel organic debris and the type of trees and understory vegetation.

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